

HO Checklist — Students Track

Human Oversight worksheet for the HI-HO Framework™. Complete before any AI-assisted output is shared.

Why this checklist exists

HO — Human Oversight — is where dignity is defended. Nothing the AI produced reaches another person until every box below is checked by an accountable human.

Oversight checks

- I read the entire output, not just skimmed it.
- Every citation resolves to a real, accessible source I've read.
- The argument is still mine — not the AI's.
- I've rewritten enough that this reflects my voice.
- No fabricated quotes, statistics, or references remain.
- I can explain every sentence to my instructor in conversation.
- AI use disclosed as required by the assignment / syllabus.
- I am willing to put my name on this work as its author.

Notes — anything you changed, removed, or flagged

Accountable sign-off

Name / Role:

Date:

Signature:

AI tool used: